

JOIN THE JUNIOR PARKRUN FAMILY

or simply come and watch - it's up to you!

FAMILY-FRIENDLY 2K EVENTS

Every Sunday morning

EVERYONE WELCOME Walk, jog, run, hop, skip or jump - it's up to you!

HAVE FUN BEING ACTIVE

Share high fives and big smiles!

LEARN NEW SKILLS Kids can volunteer in lots ofroles

Rids can volunteer in lots offores

FOR 4-14 YEAR OLDS

Adults can join in with the kids too!

FREE & EASY TO TAKE PART

No special kit needed - wear whatever you like

MAKE FRIENDS

Meet lots of new people

FEEL HAPPY AND PROUD

Try your best and celebrate your achievements

"We all do it together as a family. The volunteers are really nice, it's fun and you can walk if you want to!"

Register at parkrun.com.au and head down to your local junior parkrun event!

notes:

Eynesbury Heritage Trail junior parkrun - Eynesbury Discovery Centre Carpark Every Sunday 8am